

## **A note to helpers**

The housing “workbook” written at the preschool age level comprises:

- “Where do people live?”, a social story and activity book
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- Stickers to make a series of posters:
  - What is special
  - What I like to do
  - What I like to eat
  - Where I like to go
  - Chores I do
- A questionnaire for the helper to fill out

### **Directions for “Where do people live?”**

You will need:

- Digital pictures or regular photos of:
  - The individual’s mother (or other adult the person lives with)
  - The mother’s parent(s), ideally taken when the mother was a child
  - The mother’s childhood home
  - The individual’s father (or other adult the person lives with)
  - The father’s parent(s), ideally taken when the father was a child
  - The father’s childhood home
  - The family or other people the individual lives with, ideally including the individual
  - The individual’s home
  - The individual
  - 3 or more people the individual likes who would attend a person-centered planning session.
- Full-sheet label paper OR tape OR a glue stick

Look through “Where do people live?” It can be customized depending upon the individual’s family situation. For instance, on page 3, the blanks might be filled in with “Mom” and “Grandma and Grandpa”.

Decide which pages you want to use from pages 8-11. If the individual lives with his or her parents, you might use pages 8 and 9, using Mom on page 8 and Dad on page 9. You could do the same if the person lives with grandparents. If the

person lives with a mother and an aunt, you might use page 10. If the individual lives with a single parent, you might use page 11.

If you will be doing a person-centered planning meeting, include page 16 in the story.

**If using digital pictures and full sheet label paper:**

Resize the digital pictures to fit the spaces indicated in the story.

Print out the digital pictures you need on the full sheet label paper and cut them out to make stickers.

Read “Where do people live?” with the individual, and have him or her place the stickers where indicated.

**If using regular photos and tape or a glue stick:**

Cut out photos.

Read “Where do people live?” with the individual, and have him or her tape or glue the photos where indicated.

**Directions for posters**

You will need:

- A sheet of poster board for each poster
- Full-sheet label paper

The sticker files included are generic. You will need to decide which stickers are applicable to the individual. There may be pictures you need that are not included. You will need to take digital photos to create these.

Print out the stickers on full-sheet label paper.

Create any additional stickers you need with the digital photos you took, and print these out on full-sheet label paper.

Cut the pictures apart to make stickers.

Write the title of the poster at the top of the poster board with a marker.

Work with the individual to select stickers and place them on the posters. You may want to do one poster at a time, using multiple sessions.

In addition to the posters listed above, it is suggested you make several additional posters. These will require you to use your own photos. They are:

- People I like
- What I like to watch
- What I like to listen to
- What I'm good at
- Things I like

If you will be doing a person-centered planning meeting, it is a good idea to bring the posters to the meeting.

It can also be helpful to place the posters in the individual's home once he or she moves in. They can be used as a communication system.